



Pahoa Animal Hospital Travel Tips

Traveling with your pet can be very stressful. Here are a few tips that could give you and your pet some calm, during this stressful event.

Preparing ahead of time

- Carrier training ahead of time can help by making the carrier a safe place for your pet. Carrier training involves having the carrier around the pet in their normal environment. You can also start feeding your pet in the carrier - do not close the door, just let them wander in and out of it, building familiarity.
- Research your specific airline's travel requirements as well as your state destination's entry requirements.

Day of travel

- Place an unwashed pillow case or t-shirt in your pets' carrier so they have your scent. Only if they do not have a history of chewing up/swallowing material. Make sure blankets and toys are allowed in the carrier with your airlines.
- Remove collars or harnesses that can pose a strangulation risk.
- Cover the carrier with a towel/blanket.
- Use a pheromone spray (Feliway - cats or Adaptil/Thunder Eze - dogs)
- Thundershirts can be helpful.
- Medications - Most airlines do not allow for pets to travel sedated. Some anxiety medication or supplements can be prescribed as needed. Talk to the doctor about what is best for your pet, and plan on doing a test run before travel.

